



# **Dementia:** **Caregiver Quality of Life and Self Care** *Open to the Public!*

**September 26, 2018**  
10:00am - 11:30am  
Government Center Building  
1st Floor Meeting Room  
137 Margaret Street  
Plattsburgh, New York 12901

**[wehelpcaregivers.com](http://wehelpcaregivers.com)**  
The Caregiver Support Initiative  
SUNY Plattsburgh

This program is supported by a grant from the New York State Department of Health.

**Call Danielle Hance for more information. (518)564-3368**