



## Quality of Life and Self Care

Free education and training program for caregivers of people with Alzheimer's disease and other dementias.

**April 16, 2019**

10:00 a.m. - 11:00 a.m.

Crandall Public Library

251 Glen Street

Glens Falls, NY 12801

[wehelpcaregivers.com](http://wehelpcaregivers.com)

The Caregiver Support Initiative  
SUNY Plattsburgh

Call Stacey Barcomb for more  
information. (518) 832-4992

This program is supported by a grant from the New York State Department of Health