



## Washington County– Greenwich Free Library

**Presented by:**

**Alzheimer's Association**

**Northeastern New York**

DATE: 1st Wednesday of the Month

TIME: 1:30-2:30pm

ADDRESS: 148 Main St. Greenwich

For more information, contact:

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This program is presented in partnership with the Alzheimer's Disease Caregiver Support Initiative, the Center for Neurobehavioral Health at SUNY Plattsburgh and is supported in part by a grant from the New York State Department of Health.

### Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.